

---

**Date:** November 1, 2020 **Scripture:** Numbers 14:9; Mark 4:40

**Series:** Facing Uncertainty

**Title:** Fear Not

---

### **A Greater Danger:**

**Numbers 13:31** - "We are not able to go up against the people, for they are stronger than we..."

**Numbers 14:7-9** - "The land, which we passed through to spy it out, is an exceedingly good land. <sup>8</sup> If the LORD delights in us, he will bring us into this land and give it to us, a land that flows with milk and honey. <sup>9</sup> Only do not rebel against the LORD. And do not fear the people of the land, for they are bread for us. Their protection is removed from them, and the LORD is with us; do not fear them."

### **A Revealing Question:**

**Mark 4:37-40** - And a great windstorm arose, and the waves were breaking into the boat, so that the boat was already filling. <sup>38</sup> But he was in the stern, asleep on the cushion. And they woke him and said to him, "Teacher, do you not care that we are perishing?" <sup>39</sup> And he awoke and rebuked the wind and said to the sea, "Peace! Be still!" And the wind ceased, and there was a great calm. <sup>40</sup> He said to them, "Why are you so afraid? Have you still no faith?"

### **An Ultimate Solution:**

**Mark 4:39** - And he awoke and rebuked the wind and said to the sea, "Peace! Be still!" And the wind ceased, and there was a great calm.

### **Questions for Reflection and Discussion**

Numbers 13:27-28, 30-33, 14:7-9; Mark 4:35-41

1. In what ways has your life been impacted by fear? When has fear recently gotten the best of you?
2. On a 10-point scale, if 10 represented a fear-dominated life and 1 pointed to a fearless life, where do you fall? Are you on the fear side of this continuum or the fearless side?
3. What one or two things from today's "Fear Not" message are of special importance to you? How could these concepts help you right now?
4. How have you seen fear stand in the way of God's work?
5. Do you have a Caleb or Joshua, who is calling you out of a life of fear and into a life of faith? How have you responded so far?
6. Is there an area in your life where fear is standing in the way of God doing something that only God can do?
7. If Jesus were to ask you right now, "Why are you so afraid?" what would you say?
8. Have you known the joy of Jesus calming your fearful heart? What happened?
9. Who do you know that is struggling with fears? Will you take what you've heard today and share it with this person?